

JOB DESCRIPTION

Position:	Sessional Counsellor
Reports to:	Team Leader / Project Officer
Rate of pay:	Typically £30 - £40 per hour

Job Purpose:

To work as part of the New Life counselling Clinical Team providing counselling or psychotherapeutic support in line with organisational need and individual skill sets. This could involve work across all age ranges and within a number of settings regionally.

Job Summary:

1. To contribute to the work of New Life Counselling in the daily delivery of safe and confidential counselling services.
2. To implement the organisation's systems, policies and procedures for service delivery.

Job Requirements:

Therapeutic Service Delivery

- To assess the needs of clients and provide appropriate therapeutic interventions to meet these needs, primarily through one-to one counselling.
- To manage risk and safeguarding issues in accordance with appropriate legal and ethical requirements.
- To maintain records in accordance with recording procedures.
- To regularly attend clinical supervision in accordance with policy and procedures.
- To regularly meet with line manager and make them aware of any issues of concern or risk regarding your clients.
- To be mindful of the policy of confidentiality when undertaking all duties.
- To be willing and able to travel, and to maintain a flexible attitude that will facilitate the capacity to support colleagues at other locations and in other New Life Counselling projects as required.

Service Quality and Development

- Ensure BACP Ethical Framework for Good Practice in Counselling and Psychotherapy is adhered to.
- Promote quality assurance in the core values of New Life Counselling in all areas of work.
- Implement monitoring and evaluation systems and procedures to determine client

/ stakeholder satisfaction levels and service impacts in relation to health and wellbeing indicators.

General Duties

- Work within the parameters of the policies and procedures of the organisation.
- Demonstrate commitment to continuous personal and professional development by undertaking appropriate training as required.
- To comply with the relevant legislative frameworks relevant to the work.

PERSON SPECIFICATION

Sessional Counsellor	Essential	Desirable
Knowledge & Qualifications <ul style="list-style-type: none"> ▪ Professional qualification in counselling or psychotherapy (minimum Advanced Diploma standard) ▪ Professional Registration and accreditation as a practitioner with BACP, IACP, UKCP or equivalent (equivalence to be determined by New Life Counselling) 	<p style="margin: 0;">X</p> <p style="margin: 0;">X</p>	
Experience <ul style="list-style-type: none"> ▪ Minimum of 2 years post-qualification supervised clinical practice (accumulating to at least 200 hours post-qualifying supervised practice) ▪ Experience with administrative systems including the use of relevant ICT packages ▪ Experience in working with statutory and voluntary agencies ▪ 25 hours personal therapy 	<p style="margin: 0;">X</p> <p style="margin: 0;">X</p>	<p style="margin: 0;">X</p> <p style="margin: 0;">X</p>
Skills & Attitudes <ul style="list-style-type: none"> ▪ Ability to maintain strict confidentiality and appropriate boundaries in all matters related to their work ▪ Flexible attitude towards working hours to meet clients' needs and as demanded by requirements of the job ▪ Committed to New Life Counselling's policy of equality of opportunity and respect for diversity. ▪ Able and willing to work across New Life Counselling projects as required in designated area 	<p style="margin: 0;">X</p> <p style="margin: 0;">X</p> <p style="margin: 0;">X</p> <p style="margin: 0;">X</p>	