

Sounds good, what do I do now?

New Life Counselling applies best practice to our recruitment and selection processes when recruiting all staff and volunteers. We advertise on our website and in the regional papers when running a recruitment campaign for volunteers.

Individuals who respond to these advertisements will then be sent an application form to complete and return. Our annual intake of volunteers usually takes place in the autumn time. If selected you will be invited to a one-to-one meeting which will assess your suitability.

We also run volunteer information meetings at regular intervals which are a good opportunity for you to find out more about New Life Counselling, our work and how you can get involved with the organisation.

Contact details:

Volunteer Co-ordinator
New Life Counselling
Unit 20, North City Business Centre
2 Duncairn Gardens, Belfast BT15 2GG
Tel: 028 9074 6184

Further information on New Life Counselling at

www.newlifecounselling.net



We welcome volunteering enquiries from all, irrespective of gender, marital or family status, age, sexual orientation, religious belief, political opinion, disability, nationality, race or ethnic origin.

Please Note

The advice given in this leaflet is intended to be helpful to most people. It does not replace the direct advice of a healthcare professional or counsellor. It is only a general guide and cannot deal with all possible situations nor can it be specific to any one individual. If you or someone you know needs help please contact your GP as soon as possible to obtain further help.

"we're listening"

Contact Details

For further information or to make a referral, please contact:

25 Ardoyne Road Belfast BT14 7HX
Tel: 028 9039 1630

Unit 20 North City Business Centre
2 Duncairn Gardens Belfast BT15 2GG
Tel: 028 9074 6184

www.newlifecounselling.net



Interested in Volunteering With New Life?

www.newlifecounselling.net

New Life Counselling values highly the contribution made to the organisation by volunteers.

Their dedication provides a high level of support to the organisation in managing referrals and providing specialist therapeutic interventions to a range of clients.

Vision

Our vision of the future is one where society actively promotes positive emotional health and wellbeing, gives everyone the freedom to grow and provides access to excellent counselling and therapeutic support services when they are needed.

Mission

To support people to achieve their personal potential through professional counselling and therapeutic services.

Who do we work with?

New Life Counselling is a voluntary counselling organisation committed to supporting the emotional health and wellbeing needs of its clients through the provision of counselling and therapeutic services. New Life Counselling offers one-to-one counselling services for children, young people, adults and families.

As a volunteer we will offer you induction and training on New Life Counselling and our policies and procedures. Once completed, you will be able to start seeing clients at either our Duncairn or Ardoyne offices in Belfast. We also provide counselling to clients in outreach locations if appropriate.

We will carefully consider the allocation of appropriate clients to volunteers.

What do we offer to volunteers?

We aim to provide a safe working environment for volunteer counsellors to develop their skills and experience whilst being supported by peers and line management in this work.

Initially you will be provided with an induction programme.

As well as one-to one line management meetings and regular supervision, you will be offered regular group meetings which have a strong support element and are your opportunity to identify challenges and needs, as well as celebrating successes and learning.

Requirements

This voluntary role gives the opportunity for newly qualified counsellors and trainees in the last year of their training, with limited experience, to develop their skills and gain experience.

Any counsellor hoping to volunteer with New Life Counselling must be in the last year of their Diploma course or equivalent and have at least 25 hours of face-to face work.

Time Commitment

- 2-3 hours a week to meet with clients
- 1½ hours external supervision per month
- Regular line management meetings with the Volunteer Coordinator
- Regular group support meetings (2 hours per month)
- Mandatory Training Events
- Time to complete case recording, and to consult and avail of support from the Therapeutic Services Manager around cases presenting with risk and child protection issues.

We realise the time commitment is substantial and will take individual volunteer's circumstances into consideration.

You are very welcome to attend staff away days, planning events, socials and team meetings. This is not mandatory but can provide a great learning opportunity for volunteers and organisation alike.